

## For Reflection

The ninth commandment requires of us an inviolable regard for exact truth in every declaration by which the character of our fellow men may be affected. The tongue, which is kept so little under the control of the human agent, is to be bridled by strong conscientious principles, by the law of love toward God and man.

*Letter 15, 1895*

False-speaking in any matter, every attempt or purpose to deceive our neighbor, is here included. An intention to deceive is what constitutes falsehood. By a glance of the eye, a motion of the hand, an expression of the countenance, a falsehood may be told as effectually as by words. All intentional overstatement, every hint or insinuation calculated to convey an erroneous or exaggerated impression, even the statement of facts in such a manner as to mislead, is falsehood. This precept forbids every effort to injure our neighbor's reputation by misrepresentation or evil surmising, by slander or tale-bearing. Even the intentional suppression of truth, by which injury may result to others, is a violation of the ninth commandment.

*Patriarchs and Prophets*, p. 309

---

## Additional Announcements

### **Equipped to Heal Health Ministries Retreat March 6 to 8 at Camp Au Sable**

Registration January 7 to February 15

Cost is \$50 (meals only), \$75-Cabins, \$100- Lodges (first come, first served).

The speakers are Chad & Fadia Kreuzer from Forest Lake Wellness Center in Ohio.

#### **TOPICS INCLUDE:**

- How to Reach your Community for Health & Christ
  - How to Make NEWSTART Compelling in Our Day
  - A Medical Missionary Vision of What Could Be
  - Natural & Supernatural Remedies
  - The Science & Practice of Hydrotherapy
- 

### **Bible Study Revolution Personal Ministries Workshop**

Our 2026 Personal Ministries Workshop is just around the corner and you don't want to miss out! This year's theme is "Bible Study Revolution," covering everything you need to get church members active in effective community Bible study outreach. All Personal Ministries leaders and helpers should plan to attend. Registration is free, including lunch and all resources—so just register today and show up!

**Date:** Sunday, February 1, 2026 from 10 AM to 4 PM (lunch included)

**Location:** Michigan Conference Headquarters (5801 W. Michigan Ave, Lansing, MI 48917)

**Registration:** Registration is **required** for all participants. Space is limited, so register soon to reserve your spot! You can register by calling Stephanie Howard at (517) 316-1511.

**Who Should Come** Personal Ministries leaders or helpers, pastors, and any church members active or interested in personal ministry work.

**Cost:** FREE!